

Ref number:
075



Performance Reward Grant Scheme

APPLICATION FORM

To be returned to:

wiltshirelaa@wiltshire.gov.uk

Area Board	<i>Name of Area Board</i> Chippenham	
Form submitted by (contact for all queries)	<i>Insert name, address, email and phone number</i> Pamela Walden Woods Relate Mid Wiltshire 24a Church Street Trowbridge 01225 350010	
Name of initiative		
Brief Description of Initiative	<i>Max 100 words – this is a summary only</i> To create a new service to support vulnerable children and young people who are not thriving due to severe emotional distress. We will develop a therapeutic group model of working with up to 6 participants at a time. Each group will have a topical focus led by the needs identified by each school in which the work will be delivered i.e. loss/bereavement, family illness, past domestic abuse. The group Practitioner will work with participants to build resilience, raise self esteem and offer coping mechanisms to improve the quality of their lives. This method will encourage peer support networks and allow a much larger number of children and young people to receive help that it is possible to offer with a one to one service.	
Please put a cross against the ambition(s) that this initiative will support *It is only necessary to identify those ambitions on which you feel your bid will make a significant impact.	Building resilient communities	x
	Improving affordable housing	
	Lives not services	x
	Supporting economic growth	
	Safer communities	x
	Protecting the environment	
	Action for Wiltshire – combating the recession	x
	Improving outcomes for Children and young people	x
Amount of funding sought	£25,500	
What will this money be spent on?	<i>Please give a breakdown of the amount shown above the different items this funding will cover. This should also identify which items are revenue and which are capital – see Appendix 1 in the Bid Pack for capital expenditure guidance</i>	

	<ul style="list-style-type: none"> • One Off capacity building training for up to 12 Practitioners £2,500 • Practitioner resources (DVD's, booklets, art materials, equipment) £500 • Delivery of 75 groups (each are 1 hr per week for 6 wks) across 20 schools in Chippeham community area. • Evaluation report collating feedback from all stakeholders • Evidence base for future sustainability plan post March 2012
Is planning permission required? Yes/No	If 'Yes': <i>has it been granted? (Please give details)</i> No
Have quotes been obtained? Yes/No	If 'Yes' <i>please give details/attach quotes and indicate which one is your preference and why.</i> If 'No' <i>please give details of why quotes have not yet been obtained.</i>
<p>Note: Bids will only be considered if they help us to achieve our ambitions in the Local Agreement for Wiltshire. It is important that initiatives have a positive local impact, and that we are able to show success. In this section you are being asked to provide information about how your project contributes, and how you will measure that success. The level of improvement we expect to see will be proportional to the level of the bid: i.e. the more funding required, the greater the level of impact and improvement that will be necessary.</p>	
Please describe how your initiative will support the ambition(s) indicated above, and summarise the action that will be taken	<p><i>Attach separate documents if appropriate</i></p> <ul style="list-style-type: none"> • <u>Building Resilient Communities</u> We start by building resilient families. This service will contribute by early, easy access to group support for children burdened by anxiety who need to let go of their worries in a safe place and learn to cope with what they cannot change as well as how to engage with others effectively and take part confidently in community / school opportunities. There will also be opportunity to signpost family services if appropriate. Our evaluation will include impact assessment on the school community as well as individual families. • <u>Lives not Services</u> Our groups will support up to 450 individuals to improve their emotional health and resilience. In turn, previous experience shows that most will report a positive impact on their social/family lives. This investment in young people's development will improve their long term health and wellbeing. • <u>Safer Communities</u> All our group work will be underpinned by a commitment to promoting healthy relationships and respect for self and others. The reach of this project will increase the awareness of support for witnesses of domestic abuse and help to

	<p>identify and protect children and young people at risk of abuse.</p> <ul style="list-style-type: none"> • <u>Combating Recession</u> Our experience of counselling individuals in Chippenham shows that on average, over half of cases brought to supervision are from children living in single parent families, often due to divorce or separation. Most of these are also in families where low incomes or dependants on benefits are causing financial hardship. In the remaining half, low incomes/ financial difficulties, are frequently background contributors to the child's situation. Our new project seeks to address this increasingly large group who otherwise would not have access to support due to the very small amount of resource available for individuals. • <u>Improving Outcomes for Children+ Young People</u> This project aims to improve the mental wellbeing and resilience of 6 to 18 year olds who are identified by teachers or health professionals as vulnerable, emotionally distressed and not thriving because of their difficulties or situation. The work will help them to feel valued, happier and more in control of their lives. We will concentrate on building peer support networks within groups and enabling children and young people to engage better in positive school/social activities. <p><u>Measurement</u> We will produce a performance measure based on anonymous individual feedback from participants before and after their group experience. This information will be gathered, together with debriefing comments from schools, parents and practitioners. An Outcomes Report will be compiled at the end of the year which will form the basis of future development of the service.</p> <p><u>Likely Impact</u> 450 children and young people helped to alleviate their emotional distress and work towards healthier, happier family, social and school lives.</p>
<p>What makes this initiative a local priority (e.g. evidence from research and local support)</p>	<p>Relate Mid Wiltshire has been asked by the Cluster of Chippenham Area Schools to look at ways to increase support for children beyond the level that our individual counselling service can provide, This is due to the increasing need for emotional support for vulnerable groups, compounded by shrinking resources. We believe that therapeutic group work is a safe, creative and impactful way to do this. It enhances other</p>

	<p>pastoral and out of school support. This proposal is also backed by the local Multi Agency Forum that looks at case by case needs within the community. This work is at a professional level beneath the threshold for statutory mental health support and is not available or accessible to the community currently.</p>
<p>How will you know you have been successful?</p>	<p>Through the feedback from participants and the measurement of change. Our pre/post evaluations will tell us what has been achieved. Because we will produce these for each group as it occurs we will be able to monitor effectiveness throughout the year and make improvements as necessary.</p>
<p>• How will you measure the impact? (may have more than one measure)</p>	<p><i>e.g. performance indicator, public perception survey, number of...</i></p> <ul style="list-style-type: none"> • Statistics – number of groups, participants, types of issue addressed, location, attendance ect • Sample of before/after impact (participant perspective), % measure calculated across project. • Feedback questionnaire to individual schools, invitation to respond – findings collated. • Anecdotal feedback from parents, other sources captured across the year and fed into Outcomes Report. • Case histories • Evidence of support networks continuing post group activity.
<p>• What is your improvement target (s), and when do you expect to achieve this/these?</p>	<p><i>In some cases improvement may be achieved in stages, so you may want to give more than one improvement target. Please also give current figures to act as baselines for improvement</i></p> <ul style="list-style-type: none"> • Teachers identify that their vulnerable children are being supported and not left in an invisible queue. • May 2011- training complete and first groups underway. • July 2011 20 groups completed – initially evaluations and practitioner feedback. • Dec 2011 – 25 further groups completed. Evidence, feedback parents /schools. • March 2011 – 25 further groups completed. • May completion of Outcomes Report
<p>• How will you ensure that the improvement continues after the end of the initiative? (<i>this is one-off funding</i>)</p>	<p><i>Sustainable improvement</i> We will commence work in July 2011 to create a new sustainable funding partnership for April 2012 using the emerging data from the pilot. We will undertake early discussions with the Charities Information Bureau, The Community Foundation for Wiltshire & Swindon and also the developing health commissioning structures to identify partners and develop appropriate bids/proposals by Dec 2010 for delivery April 2012.</p>

<p>Who will benefit from this initiative?</p>	<p><i>Consider the number of people likely to benefit and the impact on disadvantage or vulnerability in your area</i> <u>Directly:</u> 450 vulnerable children or young people who have improved skills, confidence, friendships, engagement, as a result of targeted participation in the 75 therapeutic groups <u>Indirectly</u> Estimate 1,800 family members, peers, impacted by the positive changes ie happier, healthier, more resilient families.</p> <p><u>School community and wider community</u> The scale of this project and its duration will have a healthy impact on the school 'family' and the wider community in the town and rural area. This activity is a tangible and lasting investment in the local community and will show people that their health and wellbeing are still a valued priority in our society in spite of the very difficult social and economic climate facing communities in the foreseeable future.</p>
<p>Confirm no unfunded commitments from this initiative</p>	<p>Please delete the statement that does not apply: 1. I confirm that there will be no unfunded financial commitments arising from this initiative, or</p>
<p>Will ongoing maintenance of premises/equipment be necessary?</p>	<p><i>If 'Yes' please indicate how this will be funded/who is responsible</i> No</p>
<p>What are the key risks to success and how will these be managed?</p>	<p><u>Quality of the work</u> British Association for Counselling & Psychotherapy accredited service provider. Relate Federation Quality Assurance in the form of a service specification for therapeutic groups. All Counsellors are on the Relate Register and already experienced in working with children and young people. Dedicated Clinical Manager for the work – monthly monitoring /supervision. Scrutiny of feedback built in to management of project by Pam Walden Woods. Employers and Public Liability Insurance – 5 million each.</p> <p><u>Commitment of Partners</u> The Chippenham area schools have agreed that this project is badly needed in their communities and are committed to engaging in it. They understand their role in identification of vulnerable groups, provision of premises and their partnership in the before and after support of participants. Health agencies represented at the Multi Agency Forum that include schools and doctors surgeries, Health Visitors and children's centres are also behind this project. Each school will lead on the topical focus, participants and timing of their own groups and will liaise directly with their Relate Therapeutic Trainer designated to their School. The Relate</p>

	<p>Manager Pam Walden Woods will co-ordinate the delivery as a whole and ensure that the resources needed are in place.</p> <p><u>Financial</u> The administration of this grant will be managed by Relate Mid Wiltshire which has a robust financial management structure in place. Monthly monitoring of financial performance is undertaken by the Financial Advisory Group - Trustees with particular financial expertise who meet regularly to ensure the financial stability of the charity. The charity has a ten year track record of effective financial management of projects such as this.</p>
Who will manage the initiative	<p><i>Name, role, organisation, contact details</i> Pamela Walden Woods Business Development Manager Relate Mid Wiltshire 01225 350010 pam@relatamidwiltshire.co.uk</p>

Signed:

Chairman of Area Board

Dated:

NB: It is the responsibility of the Area Board to ensure that:

- **bids are robust and well-founded**
- **public money is spent appropriately and in accordance with the details of the bid and with any conditions placed on approval by the PRG Panel**
- **the initiatives are managed well to achieve the benefits and that performance improvement is reported**