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WESTBURY WILTON WOOTTON BASSETT **WILTSHIRE'S COMMUNITY AREAS**

# Breaks and Services for Carers of Adults in South Wiltshire (Carers Grant)



**Wiltshire**  
COUNTY COUNCIL

in partnership with

South Wiltshire **NHS**  
Primary Care Trust

Avon and Wiltshire **NHS**  
Mental Health Partnership NHS Trust

Are you a carer?

If you are looking after an adult  
in your, or their own home,  
then you may be eligible for one of  
the services described in this leaflet.

A range of services funded by the Carers Grant enables carers, who are providing regular and substantial care, to have a break and/or receive support in their caring role.

The type of service will be agreed through an **assessment**, which is a discussion with a health or social care worker about your needs to support you in your caring role and help maintain your health and well-being.

The services are free to carers, although for residential breaks the cared for person may be asked to make a contribution to the cost.

To find out more, or to arrange an assessment, phone one of the health and social care teams listed at the back.

To find out more about local support to carers contact:  
**Carers Support Salisbury on 01722 322746**

- **A sitting service** - Free care, (usually up to 4 hours a month) through a card scheme. Specialist service for people with mental health needs.
  
- **A short break** in a registered care home of a few days, a week, or longer.
  
- **Payment towards the cost of a holiday** - Priority to carers who have not been able to take a holiday for two years.
  
- **A tailor-made break** - You or the person you care for, may receive a payment to buy the service of your choice which gives you a break.
  
- **Carers “clinics”** for relaxation and other therapies. Individual sessions can be arranged.

**To access services:  
Health and Social Care Teams**

**Older People: Physical Disability**

South Salisbury Locality Team

Tel: 0300 456 0111 Fax: 01722 413509

North Amesbury Locality Team

Tel: 01980 664980 Fax: 01980 623430

Tisbury West Locality Team

Tel: 01747 873200 Fax: 01747 871610

**Community Mental Health Teams**

- Tel: 01722 820116/7 (Under 65) (City)  
Fax: 01722 820118
- Tel: 01722 744997 (Under 65) (Rural)  
Fax: 01722 743102
- Tel: 01722 820100 Ext 3152 (Over 65)  
Fax: 01722 820255

**Community Team for People with Learning Disability**

Tel: 01722 410814

Fax: 01722 339581

**For Carers Grant Alzheimer's Sitting Service**

Tel: 01722 326236

Fax: 01722 349768

**For Carers "clinics"**

Carers Support Salisbury

Tel: 01722 322746

Fax: 01722 341440

## **National Information**

Carers UK  
Carersline freephone  
0808 808 777  
[www.carersonline.org.uk](http://www.carersonline.org.uk)

Princess Royal Trust  
020 7480 7788  
[www.carers.org](http://www.carers.org)

## **Local Information**

Carers Support Salisbury  
Tel: 01722 322746  
Fax: 01722 341440

Alzheimer's Society Salisbury  
Tel: 01722 326236  
Fax: 01722 349768

Carers web page  
Wiltshire County Council  
[www.wiltshire.gov.uk/adult\\_care/carers](http://www.wiltshire.gov.uk/adult_care/carers)

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Wiltshire County Council  
County Hall  
Trowbridge  
BA14 8LE

**Telephone:** (01225) 713923

**Email:** [socialservices@wiltshire.gov.uk](mailto:socialservices@wiltshire.gov.uk)

**For support and social care service out of hours:**

**Emergency Duty Services**

Telephone: 0845 60 70 888

Fax: 01380 724008

Text: 01380 728585

**improving life in Wiltshire**

