

Community Connecting

Meet Jordan. . .

Jordan had finished school and was going to be starting at a new college in September so a referral was made to Community Connecting for him to get support in learning how to get the bus to get there and back.

Jordan met his Community Co-ordinator who explained what travel training would involve, how it works and the support that could be offered.

Jordan and his Community Co-ordinator spoke about his hopes and concerns about travelling to college by public transport. Jordan explained how travelling on public transport felt for him and what he found difficult. This helped to identify that a simple timetable would be useful for Jordan, which was then created. Jordan kept the timetable in his college bag. Jordan also decided that he should take his headphones with him as having music helps to reduce his anxiety.

During the summer holidays Jordan and his Community Co-ordinator practiced part of the journey together several times

Jordan then caught the bus on his own and met with Community Co-ordinator when he arrived.

This way of working enables people to learn section by section and has been proven as a successful way to learn travel routes.

The first day of college came around quickly and Jordan was already completing part of this journey independently. His Community Co-ordinator met him off his first bus and helped to recognise the correct college bus and completed the journey with him to and from college.

Jordan now travels to college independently by bus, he also catches the bus to a nearby town to go to the Gym and meet his friends.

Supported by James Gibson

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“Travelling by public transport is not as scary as I thought it was going to be and it is easier too!”

Jordan

“I am really proud of Jordan and think that he has done so well. Jordan should be proud of himself too!”

Christina Rees, (Jordan's mother)