

The picture books in this list deal with sensitive topics such as family break-ups, bereavement or starting school and may help younger children understand difficult situations.

They are available through your local Wiltshire library and can be requested free of charge.

All Wiltshire libraries hold these “Talk it over” books, which can be identified by the teddy bear sticker on the spine.



If you would like further information on a title, please ask a member of staff. You can also find more information on the website – www.wiltshire.gov.uk/artsheritageandlibraries

If you can't find what you want, then please ask. There are many picture books which may be useful but have not been included on this list.

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Absent parents



CAIN, Sandra

Dad's in Prison

DUPASQUIER, Philippe

Dear Daddy

HUDSON, Charlotte

Get Well Soon (*first published as "In a Little While"*)

GRAY, Kes

My mum goes to work

McCORMICK, Wendy

Daddy, Will You Miss Me?

MacGREGOR, Christopher

My Daddy's going away

MARVELL, Kirsty

Soldier Oli

THOMAS, Pat

Come home soon: A first look at a parent in the armed forces

WATERS, Gerry

My Mummy is a Soldier

My Daddy is a Soldier

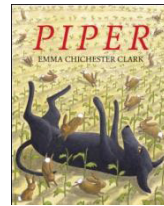
WEIR, Liz

When Dad was away

See also FEARS AND FEELINGS, FAMILY BREAK-UPS/STEPFAMILY

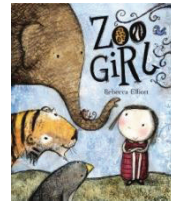
Abuse

CECIL, Laura	Piper
FOXON, Judith	Spark learns to fly
KLEVEN, Sandy	The Right Touch
MOORE-MALLINOS, Jennifer	Have you got a secret?
OTTENWELLER, Jessie	Please Tell
See also SAFETY	

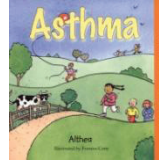


Adoption and fostering

BYRNE, Sheila	Belonging doesn't mean forgetting
	Hoping for the best
ELLIOTT, Rebecca	Zoo Girl
FOXON, Judith	Nutmeg gets adopted
	Spark learns to fly
GRAY, Kes	Our Twitchy
SAMBROOKS, Paul	Dennis Duckling
	Dennis and the Big Decision
THOMAS, Pat	My Parents Picked Me!



Allergies



ALTHEA

Asthma

HUGHES, Jack

Emmy's Eczema

THOMAS, Pat

Why Is It So Hard to Breathe?

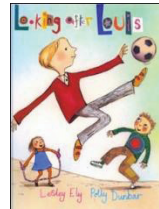
WARBURTON, Josie

Freddy meets Bones

Freddy meets Ginger

Freddy meets Nutmeg

Autistic spectrum



AL-GHANI, K I

The Red Beast

ELY, Lesley

Looking After Louis

GORROD, Louise

My Brother is Different

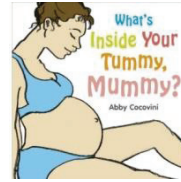
HOOPMAN, Kathy

All Cats have Asperger Syndrome

POWELL, Jillian

Thomas has Autism

Babies/siblings



ANDREAE, Giles	There's a House Inside My Mummy
ANHOLT, Catherine	Sophie and the New Baby
AULD, Mary	Welcoming a New Baby
CHAMBERS, Sally	Wilbie's Gift
CIVARDI, Anne	New Baby
COCOVINI, Abby	What's Inside Your Tummy, Mummy?
FITZPATRICK, Marie-Louise	Silly Baby
GRAY, Kes	Baby on Board
	Ever So, Ever So
GREEN, Jen	I'm Still Important
GUILLAN, Charlotte	My New Brother or Sister
KNIGHT, India	The Baby (but I'd have liked a hamster)
ORAM, Hiawyn	Little brother and the cough
SIMMONS, Anthea	Share!
SULLIVAN, Sarah	Dear Baby – Letters from your Big Brother

See also BEHAVIOUR

Behaviour



AMOS, Janine

Cheat

I'm Sorry!

No, Thank You!

Sharing

Taking Turns

BEDFORD, David

Leon Bites

BROOKS, Felicity

Take Turns, Max & Millie

COX, Phil Roxbee

Don't Tell Lies, Lucy

Give That Back, Jack

FRENCH, Vivian

Tiger and the Temper Tantrum

GRAVES, Sue

But Why Can't I? A book about rules

HOOPMANN, Kathy

All dogs have ADHD

LEIGH, Jenny

Zak has ADHD

LLEWELLYN, Claire

Why Should I Help?

Why Should I Listen?

Why Should I Share

MAYER, Cassie

Being Honest

MOSES, Brian

"I Don't Care!" Learning about respect

“It Wasn’t Me!” Learning about honesty

RANKIN, Laura

Ruthie and the (Not So) Teeny Tiny Lie

ROSS, Tony

I Don’t Want to Comb My Hair

I Don’t Want to Wash My Hands

I Want to do it by Myself

I Want to Win

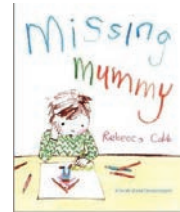
VERDICK, Elizabeth

Tails are not for pulling

Teeth are not for biting

See also BULLYING, FEARS AND FEELINGS

Bereavement



ALTHEA

When Uncle Bob Died

CLARK, Emma Chichester

Up in Heaven

COBB, Rebecca

Missing Mummy

DURANT, Alan

Always and Forever

GRAY, Nigel

Little Bear’s Grandad

HARRIS, Robie H

Goodbye Mousie

KERR, Judith

Goodbye Mog

My Henry

MOSS, Miriam

The Sunshine Cat

MOUNDLIC, Charlotte

The Scar

ROSEN, Michael

Michael Rosen's Sad Book

THOMAS, Pat

I Miss You: a first look at death

VARLEY, Susan

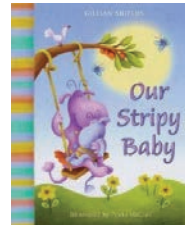
Badger's Parting Gifts

WILD, Margaret

Harry and Hopper

See also BIRTH DEFECTS/STILLBIRTH, FEARS AND FEELINGS

Birth defects/stillbirth



PARKINSON, Siobhan

All Shining in the Spring

SHIELDS, Gillian

Our Stripy Baby

SCHWIEBERT, Pat

We were gonna have a baby but we had an angel instead

Bullying

ALEXANDER, Claire

Lucy and the bully

BROWNE, Anthony

Willy the Wimp

BURNINGHAM, John

Avocado Baby

COX, Phil Roxbee

Don't be a Bully, Billy

GRAY, Kes

Leave Me Alone

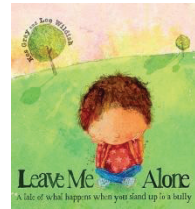
ROSS, Tony

Is it Because?

STONES, Rosemary

No More Bullying

See also BEHAVIOUR



Childcare

BIRKINSHAW, Marie

My New Babysitter

GARDNER, Sally

Mummy, Don't Go Out Tonight

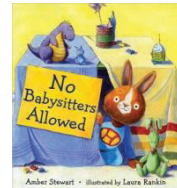
STEWART, Amber

No Babysitters Allowed

STOCKHAM, Jessica

Babysitter

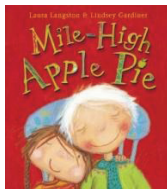
See also PRE-SCHOOL



Dementia in adults

KNOWLTON, Laurie Lazarro **A Young Man's Dance**

LANGSTON, Laura **Mile-High Apple Pie**



Dentist and dental care

BROOKS, Felicity

CIVARDI, Anne

CLARKE, Jane

GREEN, Jen

HEWITT, Sally

JOYCE, Melanie

MOSS, Miriam

ROSS, Tony

ROWAN, Kate

SMEE, Nicola

TISDALE, Rachel

Brush your teeth, Max and Millie

Going to the Dentist

Tusk Trouble

Open Wide: My first trip to the Dentist

Going to the Dentist

At the Dentist

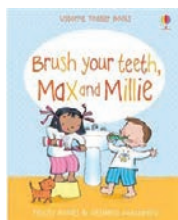
Wibble, Wobble

I Want My Tooth

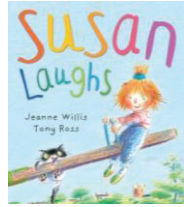
I know why I brush my teeth

Freddie Visits the Dentist

My Visit to the Dentist



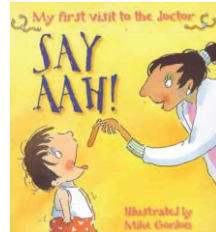
Different abilities



DWIGHT, Laura	We Can Do It!
ELLIOTT, Rebecca	Just Because
POWELL, Jillian	Luke has Down's Syndrome
ROYSTON, Angela	Down's Syndrome
THOMAS, Pat	Don't Call Me Special
WILLIS, Jeanne	Susan Laughs

See also **AUTISTIC SPECTRUM, HEALTH, HEARING, SIGHT**

Doctor



CIVARDI, Anne	Going to the Doctor
GREEN, Jen	Say Aah!: My first visit to the doctor
JOYCE, Melanie	At the Doctor's
SMEE, Nicola	Freddie Visits the Doctor
TISDALE, Rachel	My Visit to the Doctor

See also **HEALTH, HEARING, HOSPITAL, SIGHT**

Dummies/security blankets



FEENEY, Tatyana

Small Bunny's Blue Blanket

FORD, Bernette

No more blanket for Lambkin!

No more dummy for Piggy!

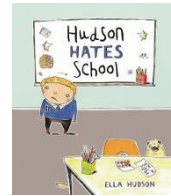
ROSS, Tony

I Want my Dummy

Dyslexia

ALTHEA

Dyslexia



HUDSON, Ella

Hudson hates school

See also SCHOOL

Family break-ups/stepfamily



AUBREY, Annette

There For You

BENNETT, Kelly

My Dads

BINCH, Caroline

Since Dad Left

GRAY, Kes

Mum and Dad Glue

HAUGHTON, Emma

Rainy Day

HUNTER, Rebecca

My New Dad

LIGHTFOOT, Kiri

Every Second Friday

MASUREL, Claire

Two Homes

STONES, Rosemary

Children Don't Divorce

WALSH, Melanie

Living with Mum and living with Dad

See also ABSENT PARENTS

Fears and feelings

AL-GHANI, K I

The Red Beast

ALTHEA

Feeling Scared

AMOS, Janine

Afraid

Angry

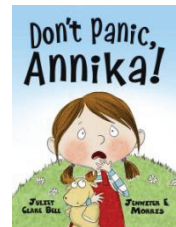
Hurt

It Won't Work!

Jealous

Lonely

Moody



ANHOLT, Catherine	What makes me Happy?
ASQUITH, Ros	It's not Fairy
BELL, Juliet Clare	Don't Panic, Annika!
BRIGHT, Rachel	Walter & the No-need-to-worry Suit
BROWNE, Anthony	Silly Billy
CHISSICK, Michael	Frog's Breath-taking Speech
GRAVES, Sue	I'm not Happy
HAWKINS, Elizabeth	Mum's Late
HIBBERT, Clare	I'm sad and other tricky feelings
HINES, Anna	My Grandma is Coming to Town
IRONSIDE, Virginia	The Huge Bag of Worries
MOSES, Brian	I Feel Angry
	I Feel Frightened
	I Feel Jealous
	I Feel Sad
	I'm Worried
	It's Not Fair
SPELMAN, Cornelia	When I Feel Scared
THOMPSON, Carol	Chill

WILLIAMS, Marcia

No Worries!

See also BEHAVIOUR, HEALTH, NIGHT-TIME

Health (children)



BARTON, Victoria

Joe has Leukaemia

Lucy has a Tumour

Mary has a Brain Tumour

BROWNLOW, Mike

I've Got Nits

FINE, Anne

Poor Monty

HAWKINS, Colin

Foxy Feels Unwell

HEST, Amy

Don't you feel well, Sam?

LEIGH, Jenny

Lawrence has Nits

MOSS, Miriam

Spotty Dotty

POWELL, Jillian

Becky Has Diabetes

ROYSTON, Angela

Cancer

THOMAS, Pat

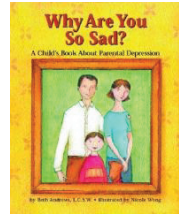
Why Am I So Tired?

YOLEN, Jane

How Do Dinosaurs Get Well Soon?

See also ALLERGIES, HOSPITAL

Health (other family members)



CAMH Can you catch it like a cold? Coping with a parent's depression

ANDREWS, Beth Why are you so sad?

ELLIOTT, Rebecca Sometimes

FILIGENZI, Courtney Let my colors out

FORREST, Gillian Mummy's Lump*

See also **ADULT DEMENTIA, HOSPITAL**

*Available as a free PDF online at

www.ashleycharitabletrust.org.uk/project-mummys_lump.php

Healthy eating



BROOKS, Felicity Eat up, Max and Millie

CHANDLER, Susan Vegetable glue

CHILD, Lauren I will not ever never eat a tomato

COBB, Rebecca Lunchtime

COX, Phil Roxbee Don't be greedy, Graham

FRENCH, Vivian Oliver's vegetables

Hearing

ALTHEA

I Can't Hear Like You

DONALDSON, Julia

Freddie and the Fairy

DUNBAR, Joyce

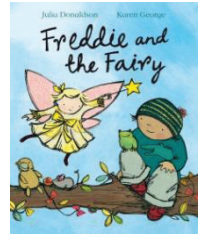
Moonbird

HUGHES, Jack

Dachy's Deaf

POWELL, Jillian

Jordan has a Hearing Loss



Hospital

ALTHEA

Hospital

CIVARDI, Anne

Going to the Hospital

HOBAN, Russell

Jim's Lion

HUDSON, Charlotte

Get Well Soon (first published as "In a Little While")

HUMPHREY, Paul

My Visit to the Hospital

HUNTER, Rebecca

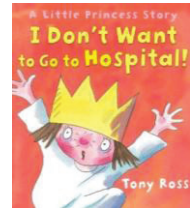
My First Visit to Hospital

JOYCE, Melanie

At The Hospital

ROSS, Tony

I Don't Want to Go to Hospital

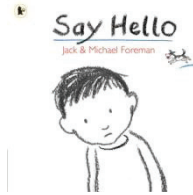


See also DOCTOR, HEALTH, HEARING, SIGHT

Inclusion

FOREMAN, Jack & Michael

Say Hello



HOFFMAN, Mary

The Colour of Home

The Great Big Book of Families

MACKINTOSH, David

Marshall Armstrong is new to our school

THOMAS, Pat

Everybody matters

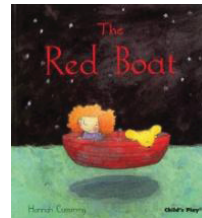
Moving house

CIVARDI, Anne

Moving House

CUMMING, Hannah

The Red Boat



GREEN, Jen

I Want That Room

HUGHES, Shirley

Moving Molly

MAISNER, Heather

We're Moving House

MARVELL, Kirsty

Soldier Oli Marches Out

ROSS, Tony

I Want to go Home

Night-time

BURFOOT, Ella

Darkness Slipped In



CLARKE, Jane

Dippy's Sleepover

PEARCE, Philippa

Amy's Three Best Things

ROSS, Tony

I Want My Light On

I Don't Want to go to Bed

WILLIS, Jeanne

The Monster Bed

YOLEN, Jane

How Do Dinosaurs Say Goodnight?

See also FEARS AND FEELINGS

Parties

CIVARDI, Anne

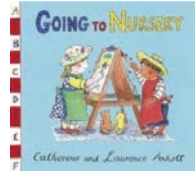
Going to a party



HUGHES, Shirley

Alfie gives a hand

Pre-school



ANHOLT, Catherine

Going to Playgroup
(also published as **Going to Nursery**)

EDWARDS, Becky

My First Day at Nursery

GARLAND, Sarah

Going to Playschool

MONKS, Lydia

Lily Goes to Nursery

SMEE, Nicola

Freddie Goes to Playgroup

See also **SCHOOL**

Safety

ALTHEA

Be Careful

BRUCE, Lisa

At Home

On the Road

Out and About

HOLLICK, Helen

Come and Tell Me

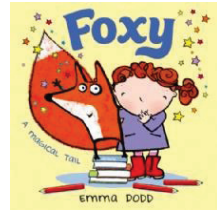
KEMPTER, Christa

Dear Little Lamb

MOORE-MALLINOS, Jennifer **Let's Talk Lost and Found**



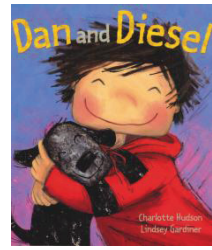
School



AHLBERG, Janet	Starting School
ALEXANDER, Claire	Back to Front and Upside Down
ANHOLT, Laurence	Billy and the Big New School
BARBER, Nicola	First Day at School
DODD, Emma	Foxy: A magical tail
DUNGWORTH, Richard	When I Start School
FITZPATRICK, Marie-Louise	Silly school
FORWARD, Toby	First Day of School
GREEN, Jen	Where's my Peg?
JENNER, Caryn	Starting School
JOYCE, Melanie	First Day at School
LAYTON, Neal	Steve's Sunday Blues
ROSS, Tony	I Want a Friend
STONES, Rosemary	Rosie's First Day at School

See also FEARS AND FEELINGS, PRE-SCHOOL

Sight



HUDSON, Charlotte

Dan and Diesel

POWELL, Jillian

Charlotte has Impaired Vision

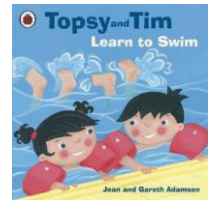
RIPLEY, Marion

Private and Confidential

TISDALE, Rachel

My Visit to the Optician

Swimming



ADAMSON, Jean

Topsy and Tim
Learn to Swim

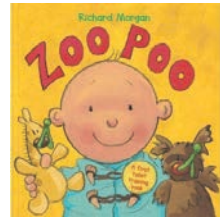
KEMP, Jane

Busy Babies Go Swimming

SMEE, Nicola

Freddie Goes Swimming

Toilet training



CORDEROY, Tracey

It's Potty Time!

DORLING KINDERSLEY

My Potty Book for Boys

My Potty Book for Girls

FORD, Bernette

Nappy Duck and Potty Pig

KELLY, Mij

Have You Seen My Potty?

MILLER, Virginia

On Your Potty

MORGAN, Richard

Zoo Poo

PINNINGTON, Andrea

Pirate Pete's Potty

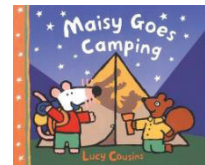
ROSS, Tony

I Want My Potty

SIRETT, Dawn

Boy's Potty Time

Travel



AULD, Mary

Going on Holiday

CIVARDI, Anne

Going on a Plane

COUSINS, Lucy

Maisy Goes Camping

JOYCE, Melanie

First Plane Trip

SMEE, Nicola

Freddie Goes on an Aeroplane

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Further resources and support

Wiltshire libraries

Information books for older children Wiltshire libraries hold a wide range of information books for children of all ages, which may be useful to help answer questions that older children may have, in a more factual way. These can be requested at any library, free of charge.

Health Matters sessions several libraries across Wiltshire offer weekly drop in sessions with a health care professional who will be able to give free guidance and support on health related matters. Find out more at - www.wiltshire.gov.uk/healthmatters

Parenting collections can help support parents with many different aspects of parenting. These books are available at many Wiltshire libraries or can be reserved for a small charge.

Wiltshire Council

Services to children, young people and families Wiltshire Council protects, cares for and supports vulnerable children / young people in the community to enable them to have the best possible start in life and into adulthood. Additionally they provide a range of specialist services to support the welfare and development of children including family support (disabled children), provision of residential home for children / young people, fostering, adoption and respite care.

www.wiltshire.gov.uk/healthandsocialcare/childrenyoungpeoplefamilies

Wiltshire's 'Little Book' this provides information on who does what in Wiltshire to help and support children and young people to have good mental health. www.wiltshirepathways.org/?camhs

Useful Websites

www.ashleycharitabletrust.org.uk – aims to help communicate information about breast cancer to families and has provided a free PDF book for the children of breast cancer sufferers – “Mummy’s Lump”

www.bbc.co.uk/health/physical_health/child_development/ - general advice about all the common challenges and information about developmental milestones, with links to more specialised websites.

<http://www.booktrust.org.uk/books-and-reading/children/bookmark/>
Bookmark is a Booktrust web resource for anyone seeking information, books or advice relating to disability and children's books.

www.clicsargent.org.uk – CLIC Sargent is the UK’s leading cancer charity for children and young people, and their families; also provides free PDF story booklets for children.

www.nct.org.uk/ - the National Childbirth Trust is the UK’s largest charity for parents, offering a wealth of advice and support from pregnancy onwards.

www.netmums.com – the UK’s fastest-growing online parenting forum, offering advice and support from professionals as well as other parents.

www.thinkuknow.co.uk – a useful, child-friendly website aimed at helping children stay safe online.

www.winstonswish.org.uk – a leading childhood bereavement charity and the largest provider of services to bereaved children, young people and their families in the UK; provides a free downloadable manual on supporting bereaved children.