

A photograph of a man and a woman walking away from the camera on a paved path in a park. The path is lined with tall, bare trees, and a body of water is visible in the background. The scene is brightly lit, suggesting a sunny day.

**Is this love?**

**yes if it is  
a caring  
relationship**

## **Good relationships include:**

- ♥ feeling safe
- ♥ being good friends
- ♥ listening to each other
- ♥ having fun together
- ♥ trusting each other
  
- ♥ freedom to do your own thing
- ♥ time and space to see your own friends
- ♥ having your own interests
- ♥ knowing your opinions are respected
  
- ♥ making decisions together
- ♥ being able to disagree with each other
- ♥ being able to go at your own pace – including sexually

**Everyone deserves respect • there are no excuses for abuse**